



Quarterly Newsletter



Tet Gifts for 100 children

In Vietnamese culture, Tet is the biggest holiday for Vietnamese people. It is the time for all family members to gather together. It is also a time for parents to buy new clothing for children and give them lucky money, "lixì".

There are many poor families that cannot afford to buy new clothing or gifts for their children.

This year, CHIA provided 100 bags of gifts for 100 children from poor families in the villages so the children can have a normal Tet like other children.



A Special Day Out for CHIA



At the end of May, following Buddha Day, the children and staff of CHIA decided to have a picnic at the local park. As the park is nearby, everyone walked or travelled on the special cart donated by Global Mobility.

At the park, the children played with balls and did chalk drawings. Rides on the cart were very popular with the children. The staff and children enjoyed some fresh fruit and water.

It was a great day for the children to be outside in the fresh air playing like other children do everyday.



This newsletter edition is attached the hyperlinks to our webpages. Please get involved in CHIA

Make a donation or sponsor a child

From Australia

(tax-deductible receipts are available to Australian donors for donations of \$2 and over)

Deposit into CHIA's bank account

Bank: Bendigo Bank
Branch: Corrimall, NSW, Australia
Account name:
Children's Hope In Action
BSB: 633000
Account number: 127543924
BPay biller code: 342949

From the USA

In order for donations from US citizens to be tax-deductible we have partnered with Global Development Group USA. We can provide a tax-deductible receipt.

Please stipulate your donation to:
"Project J156 - CHIA's Quang Nam Project Vietnam". At:
www.globaldevelopmentusa.org

Post a cheque to:

Global Development Group USA
Project J156 – Children's Hope in Action

From All over the World

You can [donate](#) or [sponsor a child](#) directly through our [CHIA website](#), or with our partnership with [Global Development Group \(GDG\)](#).

Click on the hyperlinks in this newsletter to be redirected to our website and more!

Disability Program



A happy Bo playing in the park



Bo enjoys doing therapy

A Happy Bo

Bo was born into a family of two brothers. Bo's brother is in grade 2, a completely normal child. Bo is unlucky as he has Down Syndrome, cardiac issues, no anal and unable to sit and walk. His family is living at his grandmother's house. Bo's mother is the main worker. Previously, his father used to sell corn on the street to earn money to cover his family life. One day while he was selling corn on the street and was too sleepy, he had an accident and was hospitalized. Since then he could not do heavy work, only at home to care for Bo. A ward official introduced this case to us, after visiting the home to get information about the family's situation. We have introduced the activities of the organization's disability program. After hearing about CHIA, the family decided to send their child to the center to receive proper care and training. So far, he has been attending POD classes for over a month, Bo is a good boy, easy to get along with other kids. Although he has Down Syndrome, he is very agile, likes to socialize and communicate with people around him. We love him very much. We always hope Bo will have more progress in the future and more importantly, his father can find the right job to earn extra income for his family.

Wheelchairs from Global Mobility

CHIA has been in collaboration with Global Mobility from the USA for the many years. They provide many wheelchairs, walking frames and other aids for children with disability. Every two years they come and donate wheelchairs for CHIA so we are able to deliver to children in need. Early this year, we were lucky enough to continue to receive their generous support.



Disability program (continued)

OT and PT students from Australia

Every year, PT and OT students come to CHIA on a regular basis as part of their practical training. This year approximately 45 students have worked with the children of CHIA. The supervisors evaluate the programs and the interactions of the students with the children of CHIA. It is also a wonderful cultural exchange as many of these students are visiting Vietnam for the first time. This allows the staff of CHIA to receive professional development and to undertake exercise programs that are suited to the specific needs of the children of CHIA.



The staff and the families can then follow up with exercises at home for their children.

The children of CHIA love to interact with the visiting students who bring so many fresh ideas and programs. These sessions have greatly assisted the work of CHIA and the families of disabled children in Hoi An for the last five years.



Support from Spring Valley Rotary School To End Poverty (S.T.E.P)



Every 2 years STEP visits CHIA as part of a program to provide needy people with bicycles and wheelchairs. In early April this year a group of 20 people from the USA participated in a joint event with CHIA at Dien Ban district. They donated 30 bicycles for local secondary students and 6 wheelchairs for disabled children. S.T.E.P members and CHIA staff travelled by bus to the village for the event. Students were invited to come along and receive their brand new bicycle or wheelchair. The students were so thrilled by the generous gifts of the kind hearted people from STEP. Spring Valley Rotary has brought much joy to the students of the Dien Ban district. Now the students can attend the local high school safely and comfortably on the long daily journey to and from their homes.



Education News

Thu is a child who is good at studying and obeying her mother. Her situation is very difficult, Thu and her mother are living at the house of her elderly grandmother. Thu's mother has a disability. Every month, she receives only a small amount of money from the disability allowance.

Thu grew up in the arms of her mother and grandmother with no father's care. This year she is in 7 grade and she is very good at studying. Her mother has a disability that makes it difficult for her to move, but not so that she gave up everything. She always works to make money for her child's education and family life. Her daily job is to sell clothes on the street with unstable income. After school, Thu goes home and does housework to help her mother and elderly grandmother. She is always happy to work. She wants to reduce the burden on her mother. She also wants her mother and grandmother to be proud of her. She is very eager to learn, but family circumstances are difficult so she always worries and thinks a lot. This will affect her learning as well as her psychology. We hope that there will be donors who will be interested in her case. Thu needs to go to school and enjoys friendships with her classmates. We believe that Thu can become a high achiever if she is given the chance.

Written by Dinh Thi Thuy Phuong



Thu in her school uniform



Thu certificate of completion



Thu with her beloved grandmother and mother



Family's traditional kitchen

Medical Update

Nutrition Program



The nutrition program is one of the programs that we support at CHIA. Our own trained health experts provide information about the nutrition babies need. These information sessions are mainly held for the young mothers in the mountain area village of the Quang Nam Province. 30 mothers from each village are invited to attend. This program has already reached over 750 young mothers since the start of this year. The health benefits of breastfeeding are explained to the young mothers so their babies are given the best start to their nutritional lives. The difficulties that can arise with breastfeeding are also explained to the young mothers. These sessions are very practical and hopefully are of great assistance on the nutritional journeys of their young children.

I went to a number of these information sessions for the young mothers and their babies. The attendees receive a short presentation about nutrition and get to see how they can prepare a good and healthy meal for their baby.

This meal is freshly prepared while the young mothers are watching. They are told exactly what to do and how to prepare it themselves. Fresh ingredients are provided for practical demonstrations by a nutritional professional. Participants are invited to prepare and cook actual meals that are consumed by the babies during the session. Attendees who engage in this program are fully funded by CHIA.



Written by: Kim Nguyen



Medical Update (continued)

Reproductive Health Education Sessions

This year, CHIA has continued the Reproductive Health Education program for teenage children (Years 8 and 9) in 3 districts of Quang Nam province. The total number of teenage participants was 3,000. The schools are in the remote areas so it is difficult to reach to them. They have never had any training about sex and are prone to unwanted pregnancies and transmitted diseases. CHIA supports them by having a health care professional provide the students with the necessary knowledge of how to protect themselves from having sex and how to keep their bodies clean and healthy. They are advised about health problems and how to talk to parents, teachers or doctors for advice about making good choices.



It was great that the students were comfortable enough to share their concerns as well as raising issues and asking questions of the health care professionals. After each training session, we received more questions from students and even the teachers of the schools.



The students are happily receiving new knowledge



CHIA is very proud of this successful program and greatly appreciates the support from the local government.

Other Activities

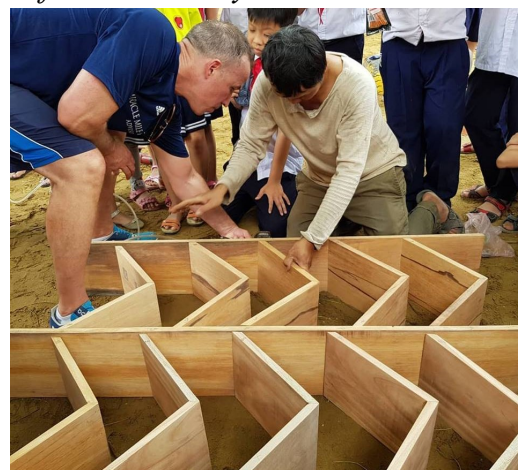
Fixing the playground of a local school

At the end of March, CHIA along with Global Aware repaired and replaced play equipment at a local primary school. The original playground equipment was very dirty and dangerous. The volunteers as well as 2 local carpenters repaired and replaced the broken structures.



The whole equipment was brightly painted as well. In addition wooden shelves were built to house the many books of the school library.

A colorful mural was painted by talented CHIA volunteer Kim. Now the students can play safely and happily on the new playground and enjoy the colorful surrounds of the refreshed library.



Chicken coop for Bi and his family

CHIA was in collaboration with Global Aware to build a chicken coop for the family of one of our sponsored children, Bi. The family is very poor and the chicken coop will be a good benefit to the family. We hope the family can have more income from getting more eggs and chickens for selling. CHIA has been supporting Bi and his family since 2014 with nutrition and education. He has become a much healthier and happier child because of the support he has received.

Written by Dung Nguyen
Children's Hope in Action General Manager



Life As a Volunteer

My name is Kim Nguyen. I am 23 years old and I am from the Netherlands. I am a third year student at the Art Academy in Maastricht, the Netherlands. I study Fine Arts and Design in Education. I am currently doing my internship for five months at Children's Hope in Action (CHIA).

My main goal is to provide daily arts activities for the children at CHIA. I develop drawing and manual labor lessons that are suitable for this target group. I develop these lessons for the children to give amusement, but my main goal is to develop their creative skills.

These lessons can also be used as a therapy to improve fine motor skills. In my opinion, creativity is something that you can convey without needing any communication.

I also help with the other daily activities within CHIA. This means that I help with the therapy of the children, help with feeding and help with cleaning. I also play games with the children to keep it varied everyday.



Artist Kim and painting project

Written by: Kim Nguyen



CHIA Online Survey Results

Thank you for all of you who participated in our online CHIA survey and questionnaire! We have taken on board all of the data we have collected from the survey. 89% would like knowledge of where my money goes after I donate it, 40% appreciate the social media updates and 60% would like personal updates about their individual sponsorship. 50% said that the best way to help CHIA is by donations, and 30% is by volunteering. We will work diligently to meet your needs and continue to improve CHIA for you and for our families and children you support!



Since 2006 CHIA has accomplished

Education, housing– water, sanitation & residential services

Tet Vietnamese celebrations and gifts for **1,095** children

Built **23** new houses, repaired **4** houses, **7** water and sanitation system for **1** primary school and **6** families, **1** piggery and **8** piglets as livelihood support, Built a chicken coop for **1** family

fixed and painted the old fence and an old broken playground for **2** school

Managed a Residence of **30** children

Awarded **177** students for improvement

Mid autumn festival for **2,077** children

Provided **131** bicycles for school students

Kept **145** children attending school

Sponsored kindergarten for **26** toddlers

100 education packs for children at a kindergarten in the village

Hosted **134** Intrepid tours.

Helped **20** teenagers access vocational training

150 Cpals training sessions (CHIA Practical and Life Skills)

Provided handmade quilts and clothing for **40** children

19 children attended the "Australian Taste" event in Da Nang hosted by Australian Consular General

Organized a day trip for **77** children on Person with disability day

Provides sexual education for **6,780** teenagers

Cooperated with LifeStart foundation to provide formula for **40** infants

Provided furniture for **20** poor families such as bunk beds, metal storage cabinets, tables, chairs...

Provided multivitamins for **405** pregnant and breastfeeding women

Health and disability services

18 Aqua therapy sessions

Provided Health insurance for **378** children

Supported **117** Orthopedic diagnostics, **30** Orthopedic surgery

Provided glasses for **11** children

Delivered **10,663** physical therapy sessions

Provided **77** various disability equipment

20 group of **125** therapy specialists providing **570** therapy sessions for **12** children with disabilities

19 Hearing assessments

Cancer treatment for **9** children

287 Cardiac assessments

Heart surgery for **55** children

34 Cleft lip and palate surgery, **16** Cleft -lip assessments

8 Facial deformity surgery, **23** facial deformity assessments

20 Colo-rectal surgery

1064 Flu, **97** Hepatitis B, **49** Rubella, **24** chicken-pox vaccinations and **53** Hepatitis B tests for children

1,733 Baseline medical treatment and assessments

1,106 Medicine support

Nutritional access and support for **127** children

Provided **688** tins of milk powder & **2,304** boxes of fresh milk

Completed community health education about " Infant Nutrition" for **1,953** mothers

Provided ventolin for **2** children

Provided **210** wheelchairs

Provided **5** new computers

CHIA accomplishments since December 2017

Conducted **150** home visits

Medicine support for **2** children

20 Baseline assessment & treatment

1,235 Therapy sessions

11 wheelchair & **5** various disability equipment

Maintained **74** children in Education

Sponsor kindergarten for **10** toddlers

Nutrition support for **23** children

5 group of **45** therapy specialists providing **200** therapy sessions for **8** children with disabilities

Fixed and painted the old broken playground for **1** school

Built 1 new chicken coop for **1** family

Tet Gifts for **200** children of 3 locals schools

Provide multivitamin for **16** pregnant and breastfeeding women

Provides sexual education for **3,000** teenagers of **35** schools

Provided community health education "Infant Nutrition" for **750** mothers who have infants under **2** years old

Provided **32** bicycles for **32** child